

## CDHNS POSITION ON USE OF FLUORIDE IN CARIES PREVENTION

**Background:** Dental caries (tooth decay) is the most common disease among children, and remains a significant oral health problem worldwide for both children and adults. Fluoride is a natural element found in soil, water, and various foods. Fluoride protects against tooth decay.

**Position:** After careful review of existing position statements and research on use of fluoride in caries prevention, including use of water fluoridation, the Council of the College of Dental Hygienists of Nova Scotia (CDHNS) has determined that it will adopt the Canadian Dental Association (CDA's) [current position statement on use of fluoride in caries prevention \(revised 2012\)](#) as the CDHNS position statement on use of fluoride in caries prevention. *It is noted that this CDA position was currently under review when this decision was made. When/if it is revised, it will be reviewed by the CDHNS to see if the policy will continue to be adopted by the CDHNS.*

Adopted by the CDHNS Council January 18, 2019