



College of  
Dental Hygienists  
of Nova Scotia

*making connections*

# CDHNS' AGM AND MAKING CONNECTIONS CONTINUING COMPETENCY EVENT

- *Saturday June 2, 2018*
- *Dalhousie University, Halifax Campus. (Marion McCain Arts & Social Sciences Building – 6135 University Ave., Halifax, NS)*



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**Jennifer Clark** Council Chair

### **Chair's Welcome Message**

*It is my pleasure and honour, as CDHNS Council Chair, to welcome all CDHNS members and special guests to the 2018 CDHNS AGM and Making Connections Continuing Competency. Each year our AGM and continuing competency event is a great opportunity to reconnect and meet new colleagues.*

*As our guests, we anticipate that this will be a memorable conference during which knowledge and best practices are shared, and that you are able to continue to network with your dental hygiene colleagues. This year's theme, Making Connections, focuses on making connections in a variety of ways that includes making connections with your peers, your local community, our province, and globally.*

*We have a wonderful slate of speakers lined up during the CC Event that I hope will inspire you to become involved as you feel re-energized in your passion for dental hygiene and making a difference in the lives of others. During the AGM, Deanna Williams will share the accountabilities of a regulator and highlight what it means to be acting in the "public interest". Margo Riebe Butt of Nourish Nova Scotia will speak to the important links between oral health and nutrition and how you, as an oral health professional, can collaborate to effect positive changes in the youngest citizens of Nova Scotia. Wanda Fedora will take a global perspective as she shares her experiences of working together to improve oral health in the third world. Sonya Bishop and Stacy Bryan will share how you can continue to grow and improve your provision of dental hygiene services in your community by embracing your commitment to continuous professional development, and making a difference in providing quality care. Finally, our keynote speaker, Irene Iancu, will talk about making the connections between oral health and systemic health.*

*I sincerely hope that the presentations and your interactions throughout the day will contribute to your professional growth and passion for dental hygiene.*

*Finally, I would like to express my sincere appreciation to all the Member Services Committee members, the event planners, and many other people who have contributed their time and expertise to making this day a success. Most importantly, I would like to thank you for attending the conference.*

A handwritten signature in blue ink that reads "Jennifer Clark".

**Jennifer Clark**

**CDHNS Chair, 2017-2018**

## PROGRAM AT A GLANCE

| 8:00-8:30 am    | Registration - Continental Breakfast Provided   | Credit hours | Category |
|-----------------|---|--------------|----------|
| 8:30 am-9:45 am | Annual General Meeting (AGM)<br>Open to CDHNS Members   | 1            | 3        |
| 10:00 am        | Welcome from Jennifer Clark,<br>CDHNS Chair   |              |          |
| 10:05-10:15     | Margo Reibe-Butt<br>– Nourish Nova Scotia   | 0.25         | 3        |
| 10:20-11:20     | Wanda Fedora  | 1            | 3        |
| 11:20-Noon      | Connecting with the Registrar<br>and Chair of the CC Committee<br>– What's so Important about<br>Continuing Competency? | 0.75         | 3        |
| 12:00-1:30 pm   | Lunch   |              |          |
| 1:30-4:00 pm    | Irene Iancu – The Oral Health &<br>Overall Health Connection  | 2.25         | 1        |

Total credits if all sessions attended: 2.25 credits in Category 1 and 3 credits in Category 3

## NOTICE OF ANNUAL GENERAL MEETING (AGM)

This is official notice of the Annual General Meeting of the CDHNS.

### Meeting Agenda

Chair's Address and Welcome

Greetings

CDHA NS Director– Wendy Stewart

Call to Order

Approval of Agenda

Approval of June 3, 2017 Minutes

Deanna Williams – Presentation

Annual Report/Audit Statement

Continuing Competency Committee Report

Nominations Committee Report

Election of Council Members

Recognition and Awards



CDHA is a generous sponsor for the event



The afternoon speaker, Irene Iancu, is sponsored by Crest + Oral B.

Look for CDHA and Crest + Oral B's booths in the lobby during breaks and at lunch.



The AGM is open to all CDHNS members



**Deanna L. Williams, BScPhm, RPh., CAE, CDir**

## **AGM Presentation**

### ***The Regulator's Role in Serving the Public Interest***

Deanna graduated with her BSc in Pharmacy degree from the Faculty of Pharmacy, University of Toronto and is licensed as a pharmacist in Ontario. Her experience includes active practice in both hospital and community pharmacy settings, senior policy work within the Ontario government's Ministry of Health and Long-Term Care, and leading the Ontario College of Pharmacists, Canada's largest pharmacy regulatory authority. As Registrar, Deanna assumed overall responsibility for the financial oversight, strategic planning, administration and general programs management of the College. She retired from her Registrar position in June, 2011. Since then, Deanna has been consulting in areas relating to professional and occupational regulation in Canada, the US and abroad through Dundee Consulting Group Ltd.

In 2003-2004, she served as the first Canadian President of the international regulatory organization CLEAR (Council on Licensing, Enforcement and Regulation). Deanna received her designation as a Certified Association Executive (CAE) from the Canadian Society of Association Executives (CSAE) and her Chartered Director (C.Dir) designation from the Chartered Director program at the DeGroot School of Business, McMaster University, Hamilton, Ontario.

In 2010, Deanna was recognized by the international regulatory community as the first recipient of the CLEAR International Award for Regulatory Excellence.

In the spring of 2012, following an external audit, the Hon. Deb Matthews, Ontario's Minister of Health and Long-Term Care, appointed Deanna as Supervisor to the College of Denturists of Ontario, a post she held until October 2013 when the College's self-regulatory authority was restored.

In March of 2014, Deanna assumed the role of Risk Officer for the Retirement Homes Regulatory Authority, a new regulatory authority based in Toronto, Canada.

In addition to her consulting work, Deanna has served as a Member of the Finance and Audit Committee of the University of St Michael's College, University of Toronto (2007-2010) and is on the Board of Directors of Haldimand War Memorial Hospital and Edgewater Gardens in Dunnville, Ontario. She lives with her husband on the north shore of Lake Erie.

**Presentation Summary:** During her presentation, Deanna will cover the origins of regulation, what public interest means, the accountabilities of a regulator, and the challenges with managing competing interests. She will also highlight current trends across jurisdictions with respect to professional regulation.

**Margo Riebe-Butt, Executive Director  
of Nourish Nova Scotia; registered dietitian**

## **Nourish Nova Scotia**

**Presentation Summary:** Margo will provide a short overview of Nourish Nova Scotia and speak to the important links between oral health and nutrition. Through a population health and settings-based lens she will describe how collaboration among health professionals can effect positive changes in eating patterns and behaviours of our youngest citizens.

**Bio:** Margo has practiced dietetics and nutrition for 15 years, focusing on the development, growth and leadership of school-based nutrition programs in Nova Scotia school communities since 2005. As a former consultant at the Department of Health and Wellness, Margo facilitated and led the transition of the provincial school breakfast program into a non-profit registered charitable organization, Nourish Nova Scotia. As the organization's Executive Director, she collaborates with dedicated stakeholders and partners to co-create meaningful change to support sustainability for both program delivery & diversity. Margo is active with the Food and Nutrition Policy for Nova Scotia Public Schools Advisory Group because creating supportive, healthy environments for children and youth to grow, learn and thrive are incredibly important—not only to the future health and education outcomes of students, but for the social and economic prosperity of Nova Scotia as a whole. Margo lives in Bedford with her wonderful husband. In the summer you can find her endeavoring to upkeep an old 1876 one-room school house on the Bay of Fundy, attempting to grow heirloom vegetables, and challenging herself in the kitchen with new recipes and cooking techniques.



**Wanda Fedora, RDH**

## **Working together for Oral Health in the third World**

**Presentation Summary:** Access to oral health care is a luxury not readily available to the third world. The poor in many of these countries do not have a social justice system to support them when they experience **dental care issues**. Many generous dental hygienists, dentists, assistants, technicians and support persons travel to bring care to the less fortunate and isolated. We will take you from Central America to the jungle of Guyana back to the Caribbean. Finally, we will end up in the center of South America. In each area, we have worked together as a team and collaborated with local health workers to provide oral care to their communities.

**Bio:** Wanda Fedora is a 1980 graduate of the Dalhousie School of Dental Hygiene. She has been actively involved in her profession since graduating. She has served as Chair of the Cape Breton Dental Hygiene Society, president of the Nova Scotia Dental Hygienists Association, and the CDHA. She is currently the Vice President of the International Federation of Dental Hygienists. She owns and operates a mobile dental hygiene practice that treats those in the community that cannot easily access a dental office.



**Sonya Bishop, RDH, Chair, CDHNS CC Committee,  
and Stacy Bryan, RDH, MALead, Registrar**

## **What You Need to Know About Your Continuing Competency: A Review with the Registrar and the Chair of the Continuing Competency (CC) Committee**

**Presentation Summary:** Like many other regulatory health professions in Nova Scotia and throughout Canada, the CDHNS has regulated requirements for continuing competence. CDHNS members are expected to comply with the Continuing Competency Program Requirements. Therefore, it's important that you know the details to ensure your requirements are met. Although compliance is a requirement for licensing, it is much more than that. In this session, Sonya Bishop and Stacy Bryan outline why continuing competency requirements exist, identify the benefits of continuous professional development, and examine how to develop a learning plan that meets your self-identified learning needs. The ultimate goal is to consistently provide high-quality dental hygiene care to your clients.



**Bio: Sonya Bishop** attained her Diploma in Dental Hygiene from Dalhousie University in 2003. She works full time in private practice after returning to her hometown of Amherst from Calgary in 2008. She is the Chair of the local Dental Hygiene Study Club and the Chair of the CDHNS Continuing Competency Committee.



**Bio: Stacy Bryan** attained her Diploma in Dental Hygiene from University of Alberta in 1989 and holds a Masters of Arts in Leadership (2014) from Trinity Western University. In September 2017, Stacy joined CDHNS as Registrar from the College of Registered Dental Hygienists of Alberta (CRDHA) where she had served as Deputy Registrar since 2002, and at times as Acting Registrar. She has practiced for over 20 years as a community health dental hygienist with Alberta Health Services and as a clinical dental hygienist in clinics in Edmonton and surrounding areas.

Stacy's background in self-assessment for dental hygienists dates back to 2002 when she worked with the provincial representatives on the National Dental Hygiene Exam Steering Committee and Alberta focus groups to develop the provincial-specific dental hygiene competencies and a self-assessment package. Since that time, she has continued to deliver self-assessment workshops to Alberta dental hygienists, as well as to international audiences.

Irene M. Iancu BSc, DipDH, CTDP

## The Oral Health & Systemic Health Connection

**Presentation Summary:** An estimated 20% of Canadians have active periodontal disease, and many people do not know the effects it has on the body. We know this disease is responsible for teeth and oral cavity issues, but how does periodontitis affect the head and other parts of the body? This session describes the three mechanisms/pathways linking oral infection to secondary systemic effects, and explores life-saving elements to prevent periodontal disease from affecting the overall health and wellness of our everyday clients.

We'll explore the evolution of our food choices over the years as well as the growth and development of our bodies. In addition, you'll learn how to incorporate nutritional counselling into periodontal assessment and how to identify effective communication skills regarding cardiovascular disease, bacterial pneumonia, pregnancy, diabetes and newly researched Alzheimer's connections.

**Bio:** Irene M. Iancu BSc, RDH, CTDP, achieved her Bachelor of Political Science from Florida State University in 2005 when she realized she would be a terrible lawyer!

Today, Irene Iancu is a Toronto-based practicing dental hygienist, clinical and theoretical dental hygiene instructor at Oxford College, quality assurance assessor and mentor with the College of Dental Hygienists of Ontario, key opinion leader, and international speaker.

After graduating with honours from Oxford College in 2007, Irene followed her curiosity into various aspects of dental hygiene practice, working her way through specialty areas, such as paedo and perio, and ultimately finding her passion connecting the effects of the dentition on the body and the importance of proper occlusion.

Irene's goal is to change people's lives and believes it starts with us!



## 2017-18 CDHNS Council Members

|   |                   |
|---|-------------------|
| Jennifer Clark, Chair                     | Allison Craig     |
| Shannon O'Neill, Vice Chair               | Mallory Brent     |
| Carrie Morrison, Executive Member         | Danielle Newell   |
| Vanessa Romain-Amirault, Executive Member | Lindsay MacDonald |
| Michele Brennan, Public Member            | Nicole Stevens    |
| Greg Glynn, Pubic Member                  |                   |

## CDHNS Council Nominations for 2018-2020

|                  |                 |
|------------------|-----------------|
| Allison Craig    | Shannon O'Neill |
| Teanne MacCallum |                 |

The CDHNS would like to extend a big *"thank you"* to those who helped make our *AGM & Making Connections CC Event* a success:

- **Our door prize sponsors** — Chocolate Lake Hotel, Cold Stream Clear Distillery, Sayed Mirbond Periodontics, and Sinclair Dental
- **Our display table participants** — CDHA, Crest + Oral B, and ISANS
- **Our Member Services Committee**

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